

North Adelaide Heritage Group

Current August 2015

EST 1989

Breakfast Menus

Available in all suites for eating anytime at your leisure. 24 hours confirmed notice is required for breakfast orders.
We can arrange for low fat, vegan, kosher - whatever you require-please advise at the time of booking.

Light Continental Breakfast (Provisions)

Juice:- 1 litre 100% Australian Juice with no preservatives or additives

Cereal Basket:-

Minimum 4 varieties of the following:-Barossa Valley Fleming & Ware Organic Muesli; Kellogg's Sultana Bran; Weet-bix; Kellogg's Corn Flakes; Kellogg's Sustain (Hi energy, low fat); Kellogg's AllBran, Rice Bubbles, Kellogg's Just Right (Corn, honey & fruit); and Anchor Porridge Oats

Tea:- Minimum of 3 varieties:- T-BAR: - Earl Grey; English Breakfast; Herbal Teas;

Coffee:- Robert Timms Italian Style plunger coffee, Dutch Moccona Instant Coffee

Milk:- ½ a litre of full cream milk

Butter:- 10gm portions of Australian butter (Western Star).

Bakery Basket:- selection of Croissants or baked bread from local 24hr "Bakery on O'Connell" on O'Connell Street.

Jam:- Pots of Berenberg of Hahndorf Jams - (minimum. selection of 3) including Fig, orange, strawberry, blackberry, apricot, Satsuma plum, marmalade, blue gum honey;

Vegemite:- indigenous Australian spread with concentrated yeast extract made by Kraft.

Fruit bowl:- Fresh local fruit - Apple/orange, or apple/banana or orange/banana

Yoghurt:- 2 portions of 'Yoplait' or 'Vaalia' flavoured yoghurt

European Breakfast (Provisions)

As per our continental breakfast

PLUS a selection of mini cheeses, ham or salami, Kangaroo Island free range eggs & Adelaide Hills gourmet tomatoes.

Hearty English Breakfast (Provisions)

As per our continental breakfast

PLUS Kangaroo Island free range eggs, 4 rashers of farm fresh juicy South Australian bacon & Adelaide Hills gourmet tomatoes.

A La Carte Breakfasts in North Adelaide

"SCUZZI" 97 O'Connell Street Phone: 8239 2233 for Coffee, toast, eggs & bacon, Omelettes & Champagne.

"CAFFETECA" 53 Tynte Street, Ph: 8267 6662, from 7am Monday to Saturday, great coffee

"LION HOTEL" 161 Melbourne Street, Phone: 8367 0222, great for leisurely brunches

"THE STORE" 157 Melbourne Street, Phone: 8361 6999, great for organic bacon & eggs

"O HOTEL" 7 O'Connell Street, Phone: 8361 8801, rustic Italian restaurant has a reputation for its breakfasts & lunches

"BAKERY ON O'CONNELL"

now at 128 O'Connell Street Phone: 8361 7377 for juices, milks, Danish's coffee, toasted sandwiches, pies, pasties, "Buxton Buns", "Fire Engine Cakes" and a host of fabulous bakery products. Ask for Tony

All these Cafes are a lovely 300 yard walk past some of the most significant private heritage listed stately homes and gardens in Adelaide, through verdant Wellington Square and along the Historical High Street of Tynte Street, with a delight of largely 1880 boom time heritage listed buildings.

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